

SPOOKY GOOD OCTOBER



PERSONAL TRAINING SPECIALS!

EXISTING FITNESS MEMBERS:

BUY A 10 SESSION PERSONAL TRAINING PACKAGE AND
RECEIVE 2 FREE 30-MINUTE SESSIONS (\$52 SAVINGS)

NEW FITNESS MEMBERS:

BUY A 10 SESSION PERSONAL TRAINING PACKAGE AND GET
A FITNESS MEMBERSHIP FOR ONLY \$99 (\$50 SAVINGS)

Northwood's Certified Personal Trainer, Michele Tauber, is licensed through the National Federation of Professional Trainers and **was recently certified in Tennis Conditioning and Training.**

Call 610-258-2907 and ask for our personal trainer, or email Michele at tauber97@rcn.com.

